

## ATTENDING PHYSICIAN'S STATEMENT FOR MENTAL HEALTH CONDITIONS

### MAILING ADDRESS

Mail: Co-operators Life Insurance Company  
Disability Claims Department  
1900 Albert Street  
Regina, SK S4P 4K8

Fax: 1-866-889-9926

Email: disability\_claims\_admin@cooperators.ca

### INSTRUCTIONS

**Important note: Please ensure you complete the appropriate Attending Physician Statement form based on your patient's primary diagnosis. There are two forms, one for mental health conditions and one for all other conditions. Submission of the incorrect form could result in delays in processing your patient's claim.**

The plan member is responsible for the cost of completing this form.

Medical Information is to be completed by the physician providing treatment.

### 1. PLAN MEMBER INFORMATION & AUTHORIZATION (TO BE COMPLETED BY THE PLAN MEMBER)

Group \_\_\_\_\_ Account \_\_\_\_\_ Certificate \_\_\_\_\_

Plan Member \_\_\_\_\_ Telephone ( \_\_\_\_\_ ) \_\_\_\_\_  
First Name Initial Last Name

Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  
MMM/DD/YYYY

Plan Sponsor/Employer Name \_\_\_\_\_ Telephone ( \_\_\_\_\_ ) \_\_\_\_\_

I hereby authorize my physician to release any medical information supporting my claim for disability benefits to the plan administrator, the plan adjudicator and my insurer. I understand that I am responsible for obtaining this form and for any amounts charged by my physician to complete this form. Medical and health information excludes genetic test results.

Plan Member Signature \_\_\_\_\_ Date \_\_\_\_\_  
MMM/DD/YYYY

### 2. MEDICAL INFORMATION (TO BE COMPLETED BY THE PHYSICIAN)

**Please attach copies of chart notes, test results, and consultation reports.**

#### DIAGNOSIS

Primary \_\_\_\_\_

Secondary \_\_\_\_\_

Has this diagnosis been communicated to your patient?  Yes  No

Is this condition related to:  Occupational illness/injury  Auto accident  Criminal act

If so, date of event \_\_\_\_\_  
MMM/DD/YYYY

Details \_\_\_\_\_

Date of first visit for present condition \_\_\_\_\_ Since first visit, how often have you seen the patient?  Weekly  Bi Weekly  Monthly  
MMM/DD/YYYY

Date of most recent visit \_\_\_\_\_ Date of next visit \_\_\_\_\_  
MMM/DD/YYYY MMM/DD/YYYY

Has your patient ever had a same or similar condition?  Yes  No

Details \_\_\_\_\_

Date patient ceased work because of current condition \_\_\_\_\_  
MMM/DD/YYYY

Is condition considered chronic?  Yes  No If yes, what precipitated absence from work? \_\_\_\_\_

#### SYMPTOMS

Please describe your patient's current symptoms (including the frequency and duration) that support the diagnosis under the DSM-5 criteria.

Symptom	Frequency	Severity (mild, moderate, severe)

Screening results (example: MMPI-2, PHQ-9, GAD-7 etc) \_\_\_\_\_

How have your patient's symptoms evolved to date?  Improved  No change  Worsened

**2. MEDICAL INFORMATION (CONTINUED)**

**TREATMENT**

List any dates of hospitalizations: From \_\_\_\_\_ To \_\_\_\_\_ Name of Institution \_\_\_\_\_  
MMM/DD/YYYY
MMM/DD/YYYY

From \_\_\_\_\_ To \_\_\_\_\_ Name of Institution \_\_\_\_\_  
MMM/DD/YYYY
MMM/DD/YYYY

**MEDICATION(S)**

Name of Medication	Initial dosage and date started	Current dosage and date changed, if applicable	Response

**THERAPY**

Type of Therapy	Treatment Provider	Provider Speciality	Start Date	Frequency of visits	Next Appointment	Response

**SPECIALIST(S)**

If you are not the treating specialist, is your patient currently under the care of a specialist?  Yes  No

Name of Specialist	Specialty	Date of Appointment(s)

**CONCURRENT PHYSICAL ILLNESS AND/OR INJURY AND TREATMENT DETAILS**

Condition	Treatment	Name of Provider	Results/Response	Projected duration of treatment	Next Appointment

**CLINICAL FINDINGS AND OBSERVATIONS**

Are you aware of the duties of your patient's occupation?  Yes  No

Please describe how the condition is impacting the following and to what degree:

	No Impact	Mild	Moderate	Severe
Appearance (Self Care)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speech	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Openness/Clarity of communication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comprehension of Questions/Instructions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concentration/Focus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Affect/Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insight/Judgement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Memory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision making	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self-criticism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite/Weight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Housekeeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Recreational Activities/Hobbies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caregiver Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Provide observations or comments detailing how the condition is impacting your patient's ability to function \_\_\_\_\_  
 \_\_\_\_\_

Plan Member \_\_\_\_\_  
First Name Initial Last Name

## 2. MEDICAL INFORMATION (CONTINUED)

### COMPLICATING FACTORS

Please indicate all factors that may have contributed to the clinical problem(s) and may complicate your patient's recovery period:

- Alcohol/Drug use     Workplace issues     Family/Social issues     Medication side effects     Financial/Legal problems  
 Pain Perception     Self-harm behaviour     Coping Skills     Physical condition     Personality/Motivation

Please provide details \_\_\_\_\_

Please describe the supports in place, or planned, to assist with these issues \_\_\_\_\_

Has any license held by your patient been restricted or revoked as a result of their medical condition(s)?  Yes  No

If yes, as of when? \_\_\_\_\_ Type of license? \_\_\_\_\_  
MMM/DD/YYYY

### PROGNOSIS AND RECOVERY

The Co-operators encourages rehabilitation assistance, job accommodation (modified/part-time duties) to return an employee to the workplace as soon as medically possible. Based on the information provided we will review your patient's rehabilitation potential.

Prognosis for recovery (include timelines) \_\_\_\_\_

What return to work goals have been discussed with your patient? \_\_\_\_\_

Under what circumstances could your patient return to work? (e.g. modified duties, gradual return to work, alternate employer etc.) \_\_\_\_\_

## 3. PHYSICIAN ACKNOWLEDGEMENT AND AUTHORIZATION

I acknowledge that the information in this statement will be kept in a disability benefits file with the plan insurer and might be accessible by the patient or third parties to whom access has been granted or those authorized by law. By providing the information I consent to such unedited release by any information contained herein. Medical and health information excludes genetic test results.

Attending Physician (Please Print) \_\_\_\_\_

Certified Speciality \_\_\_\_\_ Family Physician  Yes  No

Address \_\_\_\_\_  
Street City Province Postal Code

Telephone (\_\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_\_) \_\_\_\_\_

Physician's Stamp

If you would like The Co-operators to communicate with you by email about this disability claim, please provide your email \_\_\_\_\_

We use reasonable safeguards to protect all information collected, used, retained and disclosed in the course of conducting business; however, email may be vulnerable to interception by unauthorized parties. We discourage you from emailing personal or sensitive information. If you provided your email to us, or if you contacted us by email, we accept this as your consent to communicate with you by email. If you do not wish for us to communicate with you by email, please notify us at your earliest convenience.

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_  
MMM/DD/YYYY

### Co-operators Life Insurance Company Privacy Statement

At The Co-operators, we recognize and respect the importance of privacy. When you apply for insurance or open an account with us, we will ask for your consent to collect, use, keep and share your personal information. We will explain what information we need, what we will use it for and who we will share it with. We will open a confidential file to collect, use, keep and share your personal information for the purposes of confirming your identity, reviewing your insurance needs and determining suitability of our products and services for you, assessing your application for insurance, issuing and administering your policy, including assessing and processing claims, administering your investments, meeting our contractual and regulatory obligations, detecting and preventing fraud, and performing business and statistical analysis. We will not share your personal information for other purposes, except with your consent or as required or permitted by law.

We may tell you about products and services that may be of interest to you. You can tell us what information you want to receive from us and you can withdraw your consent at any time. You may access and correct, if needed, the personal information in your file by sending us a request in writing.

We limit access to your personal information to our staff and other people we have authorized who need to use it to perform their duties. This may include our third-party service providers who may use your personal information for processing, storage, analysis and disaster recovery purposes outside of Canada. They could be required by law to give your personal information to courts, governments or regulators outside of Canada. To protect your personal information, we ensure that privacy and security requirements are included in all third-party service provider contracts.

You can find more details about The Co-operators privacy policy at [www.cooperators.ca](http://www.cooperators.ca). If you have any questions regarding our privacy policies or about how we collect, use, keep and share your personal information, please contact our Privacy Officer at The Co-operators at 1-888-887-7773, or by e-mail: [privacy@cooperators.ca](mailto:privacy@cooperators.ca)