

For a more inclusive workplace

Empowering wellness journeys



Weight Management coverage from Co-operators gives employers the opportunity to support their Diversity, Equity and Inclusion (DEI) strategy. This coverage encourages a proactive approach to well-being and provides meaningful support for employees.

Inclusive coverage options for personal wellness – like weight management

Employees can be reimbursed for approved weight management medications within a comprehensive weight management program, inclusive of nutritional counselling. This acknowledges the importance of addressing diverse body types and health challenges in effective health management.

What is covered?

Weight management drugs, including prescription drugs approved for use in Canada.

Coverage varies by group size. Only expenses incurred in Canada are eligible.

54%

of adults living with excess weight report being stigmatized by coworkers.¹

What other support is available?

Additional mental health resources are accessible through the Wellness Now portal, within Benefits Now for Plan Members.

Wellness Now includes informative articles, and toolkits, to help manage a range of impacts that may affect an individual living with excess weight.



Staying at the forefront of inclusive care.

In addition to Weight Management, Co-operators offers more inclusive coverage options that include:



Family Building



Gender Affirmation



Indigenous Health

These optional coverages can help employers gain a competitive advantage, so they can retain and attract top talent while enabling employees to live happier and healthier lives.

Let's continue building healthy and resilient workforces. Together.

To learn more about how we can support your DEI initiatives, please contact your advisor or a Co-operators Group Benefits account executive.

24.5 million

Canadians live with excess weight influencing far more than just physical health.²

Investments. Insurance. Advice.



cooperators.ca | 1-800-667-8164

¹ <https://obesitycanada.ca/wp-content/uploads/2018/11/Overcoming-Weight-Bias-11x17-May-2018-Eng-Fr5-1.pdf>
² <https://www150.statcan.gc.ca/n1/en/pub/82-570-x/82-570-x2023001-eng.pdf?st=3M-Akq9S>

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